

# Alternatives to Abortion

## 🌐 Español

The statewide Alternatives to Abortion program promotes childbirth and provides support services to pregnant women and their families, adoptive parents, and parents who have experienced miscarriage or the loss of a child.

Services include:

- Counseling, mentoring, educational information and classes on pregnancy, parenting, adoption, life skills and employment readiness.
- Material assistance, such as car seats, clothing, diapers and formula.
- Care coordination through referrals to government assistance programs and other social services programs.
- Call center for information and appointment scheduling.
- Housing and support services through maternity homes.

## Who Is Eligible?

The program is available to any Texas resident who is a U.S. citizen or legal immigrant and is:

- The biological mother or father of an unborn child.
- The biological mother or father of a child, for up to three years postpartum.
- The parent, legal guardian or adult caregiver of a minor who is a program client.
- A parent who has experienced miscarriage or loss of a child. These clients are eligible to receive counseling, referrals and other relevant services for up to 90 days after the miscarriage or loss.
- An adoptive parent of a child of any age, for up to two years after adoption finalization.

## How Do I Apply?

Contact one of the following HHS contracted service providers serving people statewide:

Austin LifeCare

Call 512-851-1854

Longview Wellness Center

Call 903-758-2610 or 888-811-6648 (toll-free)

## The Pregnancy Network

Operated by the Human Coalition

Visit the Pregnancy Network's website (<https://thepregnancynetwork.clinic/>)

Call 800-499-4203

## Texas Pregnancy Care Network

Visit the Texas Pregnancy Care Network's website (<https://www.texaspregnancy.org/>)

Call 877-345-7734



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