

1 Widespread southern elephant seal occupation of the
2 Victoria Land Coast implies a warmer-than-present Ross
3 Sea in the mid-to-late Holocene

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4 ¹Brenda L. Hall, ²Paul L. Koch, ^{3,4}Carlo Baroni, ^{3,4}Maria Cristina Salvatore, ⁵A. Rus
5 Hoelzel, ⁶Mark de Bruyn, ⁵Andreanna J. Welch

6

7 ¹School of Earth and Climate Sciences and the Climate Change Institute, University of
8 Maine, Orono, Maine USA

9 ²Department of Earth and Planetary Sciences, University of California Santa Cruz, Santa
10 Cruz, California USA

11 ³Dipartimento di Scienze della Terra (Department of Earth Sciences), University of Pisa,
12 Via S. Maria 53, 56126 Pisa, Italy

13 ⁴IGG-CNR, Institute of Geosciences and Earth Resources, Via G. Moruzzi 1, 56124 Pisa,
14 Italy

15

16 ⁵Department of Biosciences, Durham University, Durham, UK

17 ⁶Australian Research Centre for Human Evolution, School of Environment and Science,
18 Griffith University, 4111 QLD, Australia

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24 **Abstract**

25 Prediction of future ice-sheet behavior in Antarctica and its contribution to sea-level rise
26 depends on accurate understanding of ice-sheet response to a warm climate.
27 Examination of how the ice sheet reacted to past warm episodes affords a means of
28 assessing its tolerances to climate change. The West Antarctic Ice Sheet (WAIS), in
29 particular, is thought to be highly susceptible to variations in ocean temperature at its
30 grounding lines. Yet, detailed records of past ocean temperatures close to the continent
31 are rare. Here, we present a record of past relative ocean-temperature and sea-ice
32 change derived from the presence and then eventual abandonment of southern
33 elephant seal (*Mirounga leonina*) occupation sites along the Victoria Land Coast (VLC) of
34 the western Ross Embayment. Our results suggest greatly reduced landfast and likely
35 pack ice, as well as potentially the incursion of relatively warm modified Circum-Polar
36 Deep Water from ~7100-500 yr BP, with the greatest reduction in ice/warmest water
37 temperatures at ~5200 and ~2300-1800 yr BP. These changes in ocean conditions would
38 have had a strong influence on VLC marine-terminating glaciers through variations in
39 buttressing sea ice and melt rates on the underside of floating ice. Independent data
40 suggest that these glaciers had restricted extent in the mid-Holocene, consistent with
41 our inference of warm ocean temperatures and low sea ice. The glaciers subsequently
42 expanded within the last millennium, coincident with the disappearance of southern
43 elephant seals from the coast and the inferred return to icy conditions. Our relative sea-
44 ice and ocean-temperature reconstruction also is consistent with the hypothesized
45 retreat of the WAIS inland of its present position in the mid to late Holocene, although
46 the distance between our sites and the current WAIS grounding lines is large (600-1000
47 km), and thus any linkage is speculative at present. Finally, limited pre-Holocene
48 southern elephant seal data support the existence of warm ocean temperatures
49 immediately prior to and perhaps even during build-up to the Last Glacial Maximum
50 (LGM) ice position. If this could be confirmed, it would suggest that factors other than
51 ocean temperatures, such as lowered sea level, might have been critical in causing ice-
52 sheet advance in the Ross Embayment at the LGM.

53

54 **Key Words** *Mirounga leonina*; southern elephant seals; Ross Sea; ocean temperatures; sea
55 ice, West Antarctic Ice Sheet

56

57 **1. Introduction**

58 The future stability of the marine-based West Antarctic Ice Sheet (WAIS) remains one of
59 the greatest uncertainties in sea-level projections for the next century. Indications of its
60 past behavior, particularly during times of climate warming, afford insight into the
61 range of possible ice-sheet responses to rising temperatures (Hall et al., 2015; Neuhaus
62 et al., 2021). However, our current understanding of WAIS response to former warm
63 periods, including the Holocene thermal optimum (~7-4 ka), remains inadequate (e.g.,
64 Johnson et al., 2022). Moreover, the number and variety of local (Antarctic) temperature
65 records with which to compare ice-sheet behavior, are still relatively limited.

66 Recent work shows the importance of ocean temperature in controlling melt rates along
67 marine ice-sheet margins (Shepherd et al., 2004; Pritchard et al., 2012; Milillo et al., 2019;
68 Holland et al., 2020). Because much of the WAIS lies on topography with a reverse bed
69 slope (i.e., it becomes deeper inland), processes that cause grounding-line recession,
70 such as increased melt, lead ice to retreat into progressively deeper water, a
71 phenomenon that promotes marine ice-sheet instability (Hughes, 1973; Weertman,
72 1974). Under future global warming, warm subsurface ocean waters and thus melt
73 likely will increase around Antarctica due to southward movement of the westerlies
74 and enhanced meltwater production (e.g., Bronselaer et al., 2020) or stronger polar
75 easterlies (e.g., Naughten et al., 2022), both of which have been suggested to promote
76 relatively warm Circum-Polar Deepwater penetration to glacier grounding lines.

77 Comparison of prior glacier fluctuations with past ocean temperatures allows
78 assessment of the resilience of the WAIS and its huge buttressing ice shelves to a
79 warming ocean. Yet, well-constrained records of ocean-temperature change are
80 uncommon close to the Antarctic continent. Here, we present a ~7000 yr record of
81 relative ocean temperature change derived from the past occurrence of southern
82 elephant seals (SES, *Mirounga leonina*) along the Victoria Land coast (VLC; Fig. 1) of the
83 western Ross Embayment. We use this record to improve understanding of Holocene
84 ocean temperatures in the Ross Sea and to assess the tolerances of the extensive Ross Ice
85 Shelf and WAIS grounding lines to a warming ocean.

86

87 **2. Background**

88 Located along the western margin of the Ross Embayment, the VLC (Fig. 1) displays
89 numerous small ice-free islands and peninsulas interspersed with outlet glaciers and
90 local ice piedmonts. Perennial, landfast sea ice characterizes most of the region,

91 particularly south of Drygalski Ice Tongue. Terra Nova Bay, a coastal polynya, is a
92 notable exception. A northward-flowing cold current, derived from sub-ice shelf water,
93 contributes to maintaining icy conditions along the western shore of the Ross Sea,
94 particularly adjacent to McMurdo Sound (Barry and Dayton, 1988).

95 Holocene-age coastal landforms and sediments elevated by isostatic rebound dominate
96 the low-lying ice-free areas. These features (≤ 32 m elevation) are as old as ~8000 yr BP
97 (Baroni and Hall, 2004; Hall et al., 2004). Despite extensive present-day landfast sea ice,
98 ancient landforms display features indicative of persistent open water at the shore, such
99 as pocket beaches, spits, tombolos, and well-rounded clasts (Nichols, 1968; Hall and
100 Denton, 2000). These contrast with many modern beaches, which have been produced
101 by ice push.

102 Today, the beaches are largely free of marine mammals and birds; skuas (*Stercorarius*
103 *maccormicki*) are the most widespread species. Along the southern coast, penguins are
104 absent, although small Adélie (*Pygoscelis adeliae*) rookeries existed in the past (i.e.,
105 Baroni and Orombelli, 1991, 1994a; Emslie et al., 2007). Adélies also occur adjacent to
106 Terra Nova Bay at Adélie Cove and Inexpressible Island. Solitary or small groups of
107 Weddell seals (*Leptonychotes weddellii*) occasionally haul out on the VLC. No other seals
108 use these beaches at present.

109 In 2006, we suggested a pre-historic presence of SES on the Ross Sea VLC (Hall et al.,
110 2006). Based on our initial, but limited dataset, we proposed that these seals may have
111 been present during the Holocene and that extensive sea ice led to their exclusion from
112 the present-day coast. Here, we present a more comprehensive dataset of radiocarbon-
113 dated molted skin/hair, mummified and skeletal remains, and whiskers covering ~7000
114 yrs and at least 73-78° S latitude. These data show the widespread presence of SES along
115 the VLC, which we attribute to the reduction or absence of landfast ice, as well as
116 warmer ocean temperatures over much of the Holocene compared to today.

117 The presence of abundant SES remains on the VLC is unexpected. Today, this species is
118 based largely on subantarctic islands, such as South Georgia, Kerguelen, and Macquarie
119 (Fig. 2). A few hundred sub-adult males from subantarctic colonies molt on the East
120 Antarctic coast near Vincennes and Prydz Bays polynyas (~66° S; Gales and Burton,
121 1989; van den Hoff et al., 2003), and SES currently are expanding their range along the
122 Antarctic Peninsula as climate warms and sea ice disappears (Siniff et al., 2008; Hindell
123 et al., 2016). A few dozen individuals molted on Ross Island, adjacent to the Ross
124 polynya, in the early 1970s (Brownell and Ainley, 1976), but there currently are not, nor
125 have there been in historic times, any molting or breeding colonies along the VLC. Nor

126 do tracking studies provide evidence for substantial foraging on the continental shelf in
127 the western Ross Sea along the VLC, despite foraging by adult male and female SES on
128 the adjacent Wilkes Land coast (e.g., Hindell et al., 2017). We are aware of only a few
129 anecdotal sightings of a live SES along the coast in the entire historic era.

130

131 **3. Methods**

132 We carried out extensive, systematic foot surveys of all significant coastal islands and
133 peninsulas from Butter Point (77.70°S, 163.91°E) to Cape Phillips (73.07°S, 169.62°E),
134 looking for both mummified/skeletal remains and molted skin and hair (Figs. 1, 3). We
135 conducted repeat, late-summer surveys in multiple years for most locations to examine
136 the coast under different snow conditions. Permanent or semi-permanent snowbanks
137 are known to cover seal remains, and thus the likely extent of the remains is greater
138 than presented here. In prior work, we obtained key body-size metrics for mummified
139 and skeletal remains (Koch et al., 2019), as well as ancient DNA (aDNA) for species
140 verification and population dynamics (e.g., de Bruyn et al., 2009, 2014). Here, we focus
141 on the chronology and patterns of SES occupation on the VLC, as well as on Ross
142 Island, constrained by 305 radiocarbon dates of remains (289 from the VLC, the
143 remainder from Cape Bird on Ross Island). We then explore the paleoclimatic and
144 glaciologic implications of this occupation history.

145 We located shed skin and hair by flipping over partially embedded, medium-sized
146 boulders on raised beaches to reveal skin and hair pressed beneath (e.g., Hall and
147 Denton, 1999). The flat, pressed nature of these pieces under the centers of the rocks
148 suggests that this material was buried when rocks were deposited on the beaches.
149 Alternatively, the skin and hair may have ended up beneath the rocks because of
150 elephant seal turbation. Surfaces probably were covered by shed skin and hair during
151 the molt, but only that reworked beneath clasts by subsequent beach augmentation
152 and/or by crawling seals was preserved from the wind. We also examined recently
153 deglaciaded terrain where melting ice has revealed surfaces covered with molted skin
154 and hair. Finally, we also searched for skin and hair in hand-dug excavations within
155 beach sediments.

156 We produced a chronology for seal remains using radiocarbon dating. Samples were
157 rinsed with ultrapure water and dried overnight. Cleaned samples were processed at
158 the National Oceanic Sciences Accelerator Mass Spectrometry (NOSAMS) laboratory at
159 Woods Hole Oceanographic Institution using standard procedures. We converted

160 radiocarbon dates to calendar years, using Marine20 (Heaton et al., 2020) and the Ross
161 Sea Holocene marine reservoir correction of Hall et al. (2010), recalculated for use with
162 Marine20 ($\delta R = 610 \pm 110$ yr; Hall et al., 2010; Braddock et al., 2022). Although
163 Marine20 is not optimal for polar regions (Heaton et al., 2020), it is considered
164 satisfactory for Holocene samples such as ours (Heaton et al., 2022) and has been used
165 previously for Holocene-age Antarctic marine records (e.g., Braddock et al., 2022; Gao et
166 al., 2022). The local δR correction is derived from independently dated Victoria
167 Land Coast corals (Hall et al., 2010) that span the Holocene.

168

169 **4. Results**

170 4.1 Locations and types of remains found

171 SES remains are abundant and widespread along the VLC (Figs. 1, 3) from Edmonson
172 Point (74.34°S) to Explorers Cove (77.57°S). They are also present on Ross Island at
173 Cape Bird (77.25°S). We did not find evidence of the species south of Explorers Cove,
174 nor did we locate any remains between Edmonson Point and Cape Phillips (73.07°S).
175 This latter coastline is glaciated extensively today with narrow recent ice-push and
176 storm beaches; any older beach deposits would be covered by ice. In addition, given its
177 cliffed nature, only a very limited number of potential haul-out sites would be possible
178 in this region.

179 SES remains fall into three categories: mummified and skeletal remains (including
180 teeth), molted pelage (skin and hair), and whiskers (Fig. 4). Koch et al. (2019) described
181 47 individuals represented by mummies (30), frozen carcasses (6), and scattered bones
182 (11) from Terra Nova Bay south to Marble Point. SES mummies and nearly complete
183 skeletons are easily distinguished from other species by their great size (snout-to-tail
184 lengths more than 3.5 m for mummified adult males, skull half-widths of as much as 19
185 cm; Koch et al., 2019), robust bones, and diagnostic molars. Species identification of
186 less-complete specimens was determined by aDNA (Koch et al., 2019).

187 Mummified SES remains cluster largely on the beaches of Inexpressible Island. In
188 contrast, frozen SES remains buried in the beaches or (in one case) emerging from
189 beneath a retreating glacier have a greater geographic distribution. We found these by
190 chance, and it is likely that more such individuals exist. At Cape Ross, an adult male
191 skeleton held together loosely by rotting tendons emerged from a semi-permanent
192 snowbank during only one of at least six late-summer visits. A frozen SES carcass, an
193 adult male also at Cape Roberts, was exposed by retreat of the Wilson Piedmont Glacier

194 in the early 2000s. Farther south, on Dunlop Island, what appears to be a large frozen
195 adult male with flesh and internal organs intact is buried in a raised beach (Fig. 4E).
196 Finally, there are two frozen SES carcasses from Marble Point - one excavated
197 accidentally in the 1950s by bulldozer (Nichols, 1968), the other partially buried in a
198 beach swale and exposed during low snow cover in 1996. Scattered surface finds of
199 bones from SES also show a wide geographic distribution from Inexpressible Island to
200 Explorers Cove but are not common, possibly because the cancellous nature of the
201 bones leads to quick degradation.

202 Because the presence of animals too small to have swum from sites outside of the Ross
203 Sea would be evidence of breeding females on the VLC, we describe the remains of four
204 small individuals. The smallest is known only from a mandible that melted out of a
205 snowbank at Cape Roberts measuring ~7 cm in length. Although incomplete, it would
206 not have been more than a few cm longer when the animal was alive. A second isolated
207 mandible, also from Cape Roberts, measured 15.2 cm long. A third specimen, a nearly
208 complete mummy at Cape Roberts, was <150 cm long (~100 cm long plus broken skull
209 which prevented accurate measurement). Because it was mummified, the only available
210 bone measurements are of the left tibia (14.4 cm long) and femur (5.8 cm long). A final
211 individual was a nearly complete, but highly fractured carcass (skeletal and mummified
212 components) at South Bay, Inexpressible Island. No measurements were made at the
213 time and an estimate of 190 cm snout-to-tail length is based on comparison with a scale
214 in the photograph. Bones were thin and fragile compared to other skeletal remains.
215 Species has been confirmed by aDNA. Based on comparisons to measurements made
216 on museum specimens and from publications, Koch et al. (2019) concluded that these
217 individuals were under two years of age, and the smallest individual may have been a
218 newborn or even fetal sample. Even adding 4 cm to its reconstructed length, this
219 mandible would be smaller than the mandible from a South Georgia Island individual
220 labeled by collectors as a neonate. While this smallest specimen is intriguing, we cannot
221 rule out that the other individuals were sea-going animals capable of reaching VLC
222 beaches from breeding colonies further north if land-fast ice was absent and the pack ice
223 was not dense.

224 Molted pelage is far more common than carcass remains and occurs abundantly both in
225 and on the beaches from Edmonson Point to Explorers Cove (Fig 1). It is present within
226 beaches of all ages, except for the storm beaches of the past few hundred years. The
227 shed skin and hair rarely occur more than a couple hundred meters from coeval sea
228 level, in keeping with the observed limited mobility of the species ashore.
229 Concentrations of skin and hair, including large (~20-30 cm diameter) sheets, are

230 present in muddy swales, which likely served as wallows. Other concentrated deposits
231 occur in relatively flat, gravelly locations, with north-facing aspect and wind protection,
232 sites that probably were appealing to seals undergoing the molt. However, we also
233 located remains at more rocky sites and, in some areas at certain times, even the most
234 unfavorable-looking locales were occupied. Finally, at Cape Roberts retreat of the
235 Wilson Piedmont Glacier between 2002 and 2005 uncovered a ~500 m² area that displays
236 nearly continuous cover of well-preserved molted pelage (e.g., Fig. 4C) and at least two
237 whiskers in between high points on the bedrock and boulders. One additional whisker
238 was found in association with sealskin on Inexpressible Island.

239

240 4.2 Age of southern elephant seal remains

241 SES remains adjacent to the Ross Embayment range from ~7100 to ~450 yr BP (Tables 1,
242 S1; Fig. 5; Supplemental Information). The oldest evidence of the seals comes from
243 Inexpressible Island in northern Victoria Land (Fig. 3), where seal hairs and skin dating
244 to 7070 ± 160 yr BP (AA-48518) occur within a raised beach. In contrast, the earliest
245 record of seals along the southern VLC is nearly a thousand years later, 6240 ± 150 yr BP
246 (AA-73383), at Gneiss Point. Nearly all sampled sites show evidence of SES in the last
247 ~3000 years. However, of the 289 dated VLC samples, only five fall within the last 500
248 years and none from the past few hundred years (Table 1). Four of these samples (one
249 from Edmonson Point, three from Inexpressible Island) cluster around 400 yr BP,
250 whereas the age of the remaining sample, from Explorers Cove, is 500 yr BP. Of the 16
251 additional dated samples on Cape Bird (Ross Island), only two are <500 yr old (440 and
252 480 yr BP).

253 In addition to the Holocene SES remains, we found three samples that predate the last
254 glaciation. All were buried deep in raised beaches in deposits recognized
255 stratigraphically and by the presence of pre-last glaciation penguin bones (Gardner et
256 al., 2006) to differ from the Holocene sediments that make up the beach surfaces. At
257 Cape Ross, one sample yielded a calibrated age of $24,790 \pm 290$ yr BP (AA-42213).
258 Farther south at Dunlop Island, we dated two samples from within an excavation in the
259 upper beach. One afforded repeat ages of $31,830 \pm 520$ and $38,270 \pm 830$ yr BP (same
260 sample dated twice; AA-73372); the other produced an age of $42,040 \pm 190$ yr BP (OS-
261 66600).

262

263 5. Geographic and temporal distribution of Ross Sea southern elephant seals

264 5.1 Influence of taphonomic processes and sampling bias

265 Taphonomic processes and related sampling biases affect the SES age distribution.
266 Mummified seals undergo gradual wind abrasion, and complete mummies and even
267 bones > 2000 yr BP are rare (Koch et al., 2019). In contrast, shed skin in raised beaches is
268 well-preserved and, as shown by our oldest samples, can last tens of thousands of
269 years. However, processes immediately after the molt influence the survival of such
270 material. Initially, beach surfaces and swales likely were covered with shed pelage, with
271 the amount related to the numbers of seals present. Much of this material probably
272 blew away within a short time. Thus, the amount preserved is heavily dependent upon
273 the speed at which it was reworked into the sediments (by seals or beach construction)
274 or protected from the wind by the formation of permanent snowbanks the following
275 winter. Most sealskin incorporated during beach construction lies at depth within the
276 sediments and thus is secure from further disturbance. Near-surface samples, however,
277 are subject to reworking and destruction by subsequent seal movements and periglacial
278 activity. Thus, samples near beach surfaces (e.g., those buried under rocks) tend to have
279 a younger age distribution than those deep within the sediments, although old sealskin
280 occurs near the surface in some locations.

281 Sampling bias exacerbates the complication of sample disturbance and destruction.
282 Near-surface samples are easier to locate than those deeply buried, particularly given
283 time and weather constraints. Excavation in commonly bouldery beach deposits is time
284 consuming and without certain success of finding SES remains, although in our
285 experience most excavations yielded some skin. Thus, sample collection inevitably is
286 biased toward the younger, surface or near-surface remains. Later decisions about
287 which samples to date help to alleviate this complication.

288 Another complicating factor when considering SES population size is the relationship
289 between amount of shed skin and hair and the number of seals. Larger seals produce
290 more molted material than pups. Thus, there is a possibility of inferring multiple seals
291 from the shed skin from a single individual. However, we are not attempting to assess
292 changes in the size of the sampled population with a high level of precision. Rather, we
293 are examining in a general way whether the number of samples and, more important,
294 the geographic area over which they occur, has changed. Moreover, in the 223 samples
295 analyzed for aDNA so far, we recovered 177 unique control region (mtDNA)
296 haplotypes (de Bruyn et al., 2009), suggesting limited potential resampling of the same
297 individual and that the number of samples is a broad reflection of the number of seals

298 ashore (not multiple samples from single individuals), with the taphonomic caveats
299 discussed above.

300 Given all of these potential biases, generating robust estimates of relative SES
301 population size from changes in sample numbers is complicated. At a minimum, it
302 would require controlling for sampling effort, the area sampled, the extent of snow
303 cover, and model(s) of the expected taphonomic loss of materials. Such an exercise is
304 beyond the scope of this paper. Below, we discuss shifts in relative population size in a
305 general way, focusing especially on variations in dated samples within a site over a
306 relatively short time interval, especially where sample numbers drop approaching
307 recent times (contrary to the expectation of taphonomic loss). We also consider
308 expansion or contraction of range (i.e., more or fewer sites occupied along the VLC) as
309 indicators of relative population variations.

310

311 5.2 Interpretation of age data

312 The recovered samples indicate that a large, genetically diverse (de Bruyn et al., 2009)
313 population of SES hauled out and molted at every feasible site over nearly 400 km of
314 coastline during the Holocene. They also were present prior to the LGM. Based on the
315 number and geographic spread of locations where SES remains were found (Fig. 5), we
316 infer that the greatest concentrations of animals (and the longest occupation times) were
317 in the Terra Nova Bay region (especially at South and Seaview Bays on Inexpressible
318 Island), Cape Roberts, Dunlop Island, and Marble Point. All these sites have large
319 expanses of low-gradient coastline with raised beaches. Inexpressible Island is adjacent
320 to the open water of the Terra Nova Bay polynya. Farther south, sea ice breaks out on
321 occasion at Cape Roberts under present-day climate but does so less commonly at
322 Dunlop Island and Marble Point. At their southern range (Explorers Cove, Cape
323 Bernacchi), remains are rare. The entire coast has experienced isostatic rebound
324 throughout the Holocene (e.g., Baroni and Hall, 2004; Hall et al., 2004), and thus not
325 only the area, but also the topography has been changing through time. For example,
326 the existence of cliffs near sea level at some sites (e.g., Edmonson Point, Adélie Cove,
327 Cape Ross, Gneiss Point, Cape Bernacchi) limited the interval of the Holocene during
328 which seals could haul out, because the coastline was too steep.

329 Post-glacial SES remains suggest occupation of the northern coast by ~7100 yr BP, the
330 age of the oldest dated sample at Inexpressible Island. As we likely did not find the
331 oldest SES remains and deglaciation was not complete in this area until ~8000 yr BP

332 [Baroni and Hall, 2004; recalculated as per Methods; Gao et al., 2022], SES may have
333 migrated into the region as the ice sheet retreated. The oldest age from the southern
334 VLC is about 900 years younger than that at Inexpressible Island. This age difference
335 may reflect delayed seal occupation at southern sites due to an ice shelf that lingered in
336 the McMurdo Sound region immediately after retreat of grounded ice (Hall and
337 Denton, 1999).

338 SES occupied at least parts of the VLC, particularly near Terra Nova Bay, nearly
339 continuously between ~7000 and 500 yr BP, although occupation was discontinuous at
340 many southern sites. Samples prior to ~5500 yr BP are scarce, possibly because of low
341 population but also likely because of sampling and preservation biases mentioned
342 above. However, a distinct uptick in dated seal remains occurred at ~5400 yr BP,
343 suggesting that some of the low sample numbers immediately prior to this time may
344 have been due to small population size (Figs. 5, 6). This increase in dated SES remains is
345 most noticeable at Terra Nova Bay (Campbell Glacier, ~5200-4800 yr BP, n=5; South Bay,
346 5900-4600 yr BP, n=11; Whisker Cove, 5200 yr BP, n=1), Dunlop Island (5400-5100 yr BP,
347 n=7), Gneiss Point (5300-5000 yr BP, n=4), and Marble Point (5400-5200 yr BP, n=2).

348 There are spatial differences in numbers of SES remains after ~5000 yr BP. On the
349 northern coast, elephant seals occupied available areas from Edmonson Point to
350 Inexpressible Island continuously from ~5500 to 500 yr BP. (Note: beaches at Edmonson
351 Point and Adélie Cove did not emerge from the sea until 2000 yr BP; Baroni and Hall,
352 2004). However, there are variations in sample numbers that may reflect population-
353 size changes, such as a decline between ~3900 and ~3300 yr BP at South and Seaview
354 Bays. The number of recovered remains rises sharply at ~3300 yr BP but then declines
355 again. At the two locations with the most remains (South and Seaview Bays), the
356 greatest number (77 altogether) date to 2300-500 yr BP. The seals show an expanded
357 range at ~1000 yr BP, spreading to beaches at Edmonson Point, Campbell Glacier, and
358 Adélie Cove. A precipitous decline in sample numbers and in the number of sites
359 occupied in the last millennium, particularly after 500 yr BP, cannot be attributed to
360 sampling bias or taphonomic issues, both of which would be expected to favor greater
361 numbers of more recent samples. We interpret this drop to a population crash, which
362 resulted in the eventual abandonment of this segment of coastline by SES. This
363 interpretation is supported by Bayesian skyline analyses of ancient DNA that indicate a
364 precipitous population decline starting at about 1000 yr BP (de Bruyn et al., 2009).

365 Farther south, in the central part of our field area (Depot Peninsula to Dunlop Island),
366 there is a gap in dated SES remains (with only one sample found) between ~5000 and

367 ~3800 yr BP (Fig 5). Following this interval, remains became more common and
368 document the only known postglacial occupation of Cape Ross (3840-3160 yr BP), as
369 well as the presence of SES at Cape Roberts and Dunlop Island. Based on the dated
370 remains, both Cape Roberts and Dunlop Island likely had nearly continuous
371 subsequent occupation until ~650 yr BP. However, we did not find SES younger than
372 3160 yr BP at Cape Ross nor older than 3000 yr BP at nearby Depot Peninsula,
373 suggesting that seals may have relocated as the Cape Ross coast steepened during
374 rebound. Depot Peninsula was either abandoned or not commonly used after ~1400 yr
375 BP. This time may correspond with a coeval gap in samples at Dunlop Island from
376 1240-650 yr BP. As along the northern coast, SES remains increased significantly in the
377 late Holocene, reaching a peak at Cape Roberts at ~1600 yr BP and at Dunlop Island by
378 ~2300 yr BP. Sample numbers dropped precipitously at ~1000 yr BP at Cape Roberts,
379 similar to (although a few centuries earlier than) the decline at sites adjacent to Terra
380 Nova Bay. Unlike at other major sites, the number of dated SES remains at Dunlop
381 Island began to decline as early as ~2000 yr BP. The last large peak in seal remains seen
382 at every major site elsewhere along the VLC at ~1000 yr BP apparently does not occur at
383 Dunlop Island. Instead, the reduction in remains at ~2000 yr BP at Dunlop Island more
384 closely resembles the pattern seen at many of the smaller sites, particularly those along
385 the southern and central coasts, where SES declined or disappeared after ~2000 yr BP
386 and geographic range contracted (Fig. 5). We have no satisfactory explanation at
387 present for this apparent early reduction in seals on Dunlop Island but speculate that it
388 may have been a marginal site (today surrounded by landfast ice with a glacier nearby).
389 When coastal ice conditions began to deteriorate, it became less feasible for SES
390 occupation. There is no evidence of SES on the central coast after ~600 yr BP.

391 SES occupation of the southern coast (Spike Cape to Explorers Cove) appears to have
392 been discontinuous (Fig. 5). Following the brief, but distinct SES occupations at ~5400-
393 5000 yr BP, the coastline may have been abandoned or visited only rarely until after
394 3000 yr BP. There are only two samples dating to this period, one of which (from Gneiss
395 Point) may be in error (see Supplemental Information). Spike Cape shows the presence
396 of SES again by ~2900 yr BP and the more southerly Marble Point and Cape Bernacchi
397 by ~2500 yr BP and Gneiss Point by ~2400 yr BP. SES appear to have expanded their
398 range at 2500-2000 yr BP, when every possible site on the southern coast was occupied.
399 This increase in SES remains on the southern VLC matches that seen at most sites
400 farther north.

401 Although Marble Point still had SES after 2000 yr BP, most southern sites record only
402 limited or even a lack of SES between at least 2000-1280 yr BP. Other than at Marble

403 Point (n=5), the only evidence of SES at southern sites after 1280 yr BP comes from a
404 cluster of remains dating to ~1280-860 yr BP at Spike Cape (n=5), one skin sample at
405 Bernacchi Bay (1280 yr BP), and an isolated bone at Explorers Cove (500 yr BP).

406 Cape Bird is distinct in that it is located on an offshore island adjacent to the Ross
407 Polynya rather than on the VLC. It experiences open water in most summers under
408 modern conditions. Beaches on Cape Bird began forming ~4000 yr ago (Dochat et al.,
409 2000; Hall et al., 2004; with ages recalibrated for Marine2020 and the updated marine
410 reservoir correction of Hall et al., 2010), thus providing available haul out locations by
411 that time. However, existing data do not afford evidence for the presence of SES prior to
412 ~2000 yr BP (Fig. 5). Rather, the data show a late-Holocene peak in remains (1900-1300
413 yr BP) followed by the decline seen elsewhere. The youngest SES sample dates to 440 yr
414 BP.

415 In summary, initial occupation occurred on the northern coast by 7100 yr BP and on the
416 southern coast by 6200 yr BP (Fig. 5). After a mid-Holocene increase in both remains
417 and geographic extent at ~5200 yr BP, SES remains declined and the colony contracted
418 until at least 3800 yr BP, particularly along the central and southern coast (where the
419 decline lasted longer). There also may have been an increase along the central and
420 northern coasts at 3300-2800 yr BP, which is not found in the southern region (Fig. 6).
421 All areas show increasing SES sample numbers and extent, and thus likely population
422 size beginning ~2500 yr BP (Fig. 5). We infer that populations along the southern coast
423 and at Dunlop Island started to decline after ~2000 yr BP, with decreasing sample
424 numbers and fewer sites being occupied. However, evidence for SES presence remained
425 steady or even increased on Inexpressible Island and Cape Bird. Both of these latter
426 sites are near polynyas, known to be favorable locations for male foraging (Johnstone et
427 al., 1973; Labrousse et al., 2018). Across all sites, there is a precipitous drop in the
428 number and geographic extent of SES remains within the last millennium, with only
429 few samples dating to <600 yr BP and none to <~400 yr BP.

430 The general pattern of seal distribution is in accord with aDNA analysis of SES remains
431 from this region. De Bruyn et al. (2009, 2014) found that VLC seals represented a
432 distinct breeding population (breeding either along the VLC or at unsampled sites
433 farther north), genetically distinct from any modern SES. This Victoria Land population
434 may have been founded by seals that migrated from Macquarie Island during
435 deglaciation and established a permanent occupation that rapidly increased in diversity
436 (de Bruyn et al., 2014). De Bruyn et al. (2009, 2014) moreover proposed that the VLC
437 population expanded rapidly until about 1000 yr BP, when it underwent a significant,

438 irreversible population crash and loss of diversity. Effective population size prior to the
439 collapse was approximately 200,000 individuals, much greater than the reconstructed
440 size of the coeval Macquarie population (de Bruyn et al., 2014). Upon eventual
441 abandonment of the VLC, genetic evidence suggests that some VLC seals migrated to
442 Macquarie Island, and their maternally inherited genetic markers (mitochondrial
443 haplotypes) are still present in that population.

444

445 **6. Climate and Ice-Sheet Implications**

446 6.1 Elephant seal sea-ice tolerances

447 SES were a key part of the western Ross Sea ecosystem for much of the Holocene.
448 Today, the species has a circum-polar, generally subantarctic distribution with all major
449 breeding and molting sites (Fig. 2) lying close to the polar front. SES life history is
450 dominated by two periods of extended onshore haul out for breeding and molting
451 separated by lengthy feeding excursions, which can take the seals hundreds, if not
452 thousands of kilometers from their home colonies (Biuw et al., 2007). Elephant seals
453 show strong fidelity to their birth colony and generally return to the same area for
454 breeding (LeBoeuf and Laws, 1994). Molting can take place in the same location or at
455 different sites and commonly is segregated by sex and age. On Macquarie Island, which
456 hosts the colony geographically nearest and most genetically related to the VLC
457 population, breeding takes place in September through November, peaking in late
458 October (Hindell and Burton, 1988). Juveniles and sub-adult males haul out to molt in
459 December-January, females in January to early February, and adult males in February
460 to April (Hindell and Burton, 1988). Thus, seals are ashore nearly continuously from
461 September to April.

462 Seasonal haul outs are limited both by available substrate (preference for low-gradient,
463 sandy shorelines) and by the presence/absence of landfast sea ice during the breeding
464 and molting timeframe. Crawling over ice is energetically expensive, and thus landfast
465 sea ice is thought to be a key factor in limiting the southern extent of breeding and
466 molting colonies (e.g., Laws, 1956, 1960; Tierney, 1977; Burton, 1985; Gales and Burton,
467 1989; Hall et al., 2006). In areas where coastal sea ice is decreasing, elephant seals have
468 expanded their molting and breeding range in recent decades (Siniff et al., 2008).

469 Despite the limiting effect of landfast ice on SES haul out, some SES, largely adult males
470 (e.g., Borneman et al., 2000; Bailleul et al., 2007; Hindell et al., 2021; Allegue et al., 2022),
471 forage in the pack ice on Antarctic shelves. Females, who tend to prefer open-ocean

472 foraging, move north as pack ice expands in the fall (e.g., Labrousse et al, 2015; Hindell
473 et al., 2016), and extensive winter pack ice is thought to result in poor foraging
474 performance (McMahon et al., 2017; although see Labrousse et al., 2017, where
475 Kerguelen females are thought to benefit from early pack-ice expansion and its positive
476 effect on krill). Allegue et al. (2022) attributed habitat selection in part to sex, age,
477 breeding status, and personality (“boldness”), and noted that females, breeding males,
478 and subadult males tended to move north in the winter to avoid becoming trapped in
479 the ice. Non-breeding adult males stayed later in the pack ice, often feeding in winter in
480 highly productive coastal polynyas (e.g., Labrousse et al., 2018; Allegue et al., 2022).
481 Such behavior may be a cost-benefit trade-off between productive foraging vs. risk of
482 entrapment and substantial interannual variability in habitat accessibility due to sea-ice
483 density (Hindell et al., 2021; Allegue et al., 2022).

484 Tracking data for Macquarie Island SES (currently limited to adult females) indicate
485 that some individuals feed on the highly productive outer Ross Sea shelf, whereas
486 others feed on and off the narrow Wilkes Land continental shelf, and still others forage
487 in subantarctic pelagic waters (Hindell et al., 2017). Of 101 tracked animals, just one
488 penetrated onto the extensive Ross Sea continental shelf, though well offshore from
489 Victoria Land. In addition, pack-ice expansion (both in duration and extent) in the Ross
490 Sea over the last several decades (Comiso et al., 2011; Stammerjohn et al., 2008, 2012;
491 Turner et al., 2015, 2016) has been linked to reduced female foraging in this region,
492 consequent low weaning weights and survival of pups, and ultimately the decline of
493 the Macquarie Island population (McMahon et al., 2000; van den Hoff et al., 2014;
494 Hindell et al., 2016, 2017; Clausius et al., 2017; Volzke et al., 2021). Thus, sea ice has a
495 large effect on SES populations not only by limiting their ability to access haul-out sites
496 (through the presence/absence of summer landfast ice), but also through impacts on
497 foraging success (because of pack-ice density, particularly for juveniles and females;
498 e.g., Bester, 1988).

499 Satellite imagery shows the density of end-of-summer landfast ice along the coast is
500 substantial, despite open water and pack ice tens of kilometers to the east (Fig. 1).
501 Because of the propensity of SES to favor open coasts, we attribute the lack of these
502 seals today to the development of summer landfast ice in the late Holocene. In addition,
503 recent work summarized above linking decline of the Macquarie colony to expansion of
504 pack ice in the Ross Sea points to possible additional effects. Namely, VLC females
505 encountering denser and more extensive pack ice may have become less successful in
506 foraging. Any juveniles and pups also may have struggled, because successful use of
507 pack ice for foraging may be linked to large body size (Bailleul et al., 2008). Such seals,

508 as well as females, could have been excluded from high-quality local foraging areas as
509 sea ice spread in the Ross Sea. In summary, we conclude that growth of perennial
510 landfast sea ice, possibly accompanied by pack-ice expansion, led to the decline and
511 eventual abandonment of the VLC, with the decline beginning earlier at southern sites.

512 Did SES both breed and molt on the VLC? Or were the haul-out sites used only for
513 molting? This question bears on the length of time open water would be required along
514 the VLC. Based on an analysis of mummified remains, Koch et al. (2019) found 14 adult
515 males (with some of beachmaster size with large proboscises), three that were either
516 adult or sub-adult males, six sub-adult males, four juveniles <2 years old (including one
517 very small individual, possibly fetal), and one possible female. Mummified remains,
518 however, may not afford a complete assessment of the population over its history, due
519 to factors such as robustness of skeletons (which affect preservation potential), time of
520 year when animals died (which determines the sex and age group ashore), and
521 temporal evolution of the occupation. For example, sites that began as breeding colonies
522 may have transitioned to adult-male, molting-only sites as climate deteriorated and sea
523 ice may have excluded females (e.g., Bester, 1988). Given that most mummies are
524 relatively recent and do not reflect the entire temporal duration of the colony, Koch et
525 al. (2019) inferred that the majority may document a “last stand” cohort of animals
526 dominated by molting males.

527 DNA evidence, predominantly represented by hair rather than mummies, indicates that
528 the VLC population was genetically distinct from that at Macquarie Island or any other
529 extant population (de Bruyn et al., 2009, 2014). Thus, they must represent an
530 independent breeding colony (or colonies). But whether that breeding took place at the
531 sites we examined as opposed to VLC sites farther north (e.g., Cape Hallett, Cape
532 Adare) or on islands even farther north (e.g., Possession Islands, Campbell Island) yet to
533 be examined, remains uncertain. The presence of pups too small to have arrived from
534 subantarctic colonies would afford direct evidence for breeding. Based on comparative
535 analysis (Laws, 1953; Carrick et al., 1962; Koch et al., 2019), we infer that the four
536 smallest individuals were <2 yrs old, with the smallest possibly being fetal. Today,
537 young animals (<14 months old) from Macquarie Island do not travel south of the
538 southern limb of the Antarctic Circumpolar Current into the Ross Sea (van den Hoff et
539 al., 2002; McConnell et al., 2002). Thus, we consider the most likely option is that these
540 small individuals were born on the VLC or farther north on an Antarctic coast.
541 However, further work is needed to confirm (or not) the presence of breeding at these
542 high southern latitudes.

543 Regardless of whether breeding was occurring in our field area or to the north, the
544 presence of SES on these beaches indicates significantly reduced landfast sea ice relative
545 to today. Taking the present-day annual cycle of Macquarie Island seals as a guide
546 (Hindell and Burton, 1988), the remains imply open water at or close to the shore from
547 at least December to March/April (in the case of a male-only molting haul out) or from
548 September-April (in the case of breeding as well). This scenario assumes that the
549 Antarctic population kept to a similar schedule as the seals on Macquarie, something
550 that appears supported by similar breeding and molting seasons in the South Shetland
551 Islands (Fudala and Bialik, 2020) and the male molting season of January-April in the
552 Windmill Islands (Fig. 1; van den Hoff et al., 2003). Even the molting-only scenario
553 requires about four months of open access to land in areas that today experience little to
554 no open water in spring and summer at the shore (excluding South and Seaview Bays
555 by the Terra Nova Bay polynya). Thus, we infer that landfast sea ice extent and duration
556 in coastal regions of the western Ross Sea were significantly less for much of the
557 Holocene than they are at present. Growth of persistent summer landfast sea ice and
558 cooling of the western Ross Sea over the last millennium likely caused the SES
559 population crash shortly after 1000 yr BP and the abandonment of the VLC a few
560 centuries later. Disappearance of the SES cannot be attributed to human-induced
561 causes, such as overfishing of the Southern Ocean (e.g. Ainley and Blight, 2009), because
562 the seals left the area centuries before the Ross Sea or its productive fishing grounds
563 near the polar front were discovered.

564

565 6.2 Millennial-scale variability

566 Spatial and temporal fluctuations in SES numbers suggest smaller, millennial-scale
567 climate and sea-ice variations superimposed on overall reduced sea ice and warmer
568 ocean conditions during the Holocene. For example, many sites from Campbell Glacier
569 in the north to Marble and Gneiss Points in the south, record a jump in extent and
570 number of SES remains just prior to ~5000 yr BP, suggesting that conditions may have
571 been favorable (low sea ice, relatively warm water) along the entire coast at that time.
572 During some of the relatively cool periods, southern sites were abandoned temporarily
573 or went into decline. For example, after 5000 yr BP, SES may have been rare or absent
574 along the southern and central coast until ~3800 yr BP, while the northern coast
575 continued to be occupied. Shortly after 2300 yr BP, the number and geographic range of
576 SES remains increased significantly, suggesting colony expansion. This may have been

577 the most productive and perhaps warmest period of the mid-late Holocene in the Ross
578 Sea, with greatly reduced summer landfast and pack ice.

579

580 6.3 Comparison to other Ross Sea region climate records

581 Relatively few other records of Holocene sea ice and ocean temperatures exist for the
582 Ross Sea region. The most extensive of these come from reconstructions of Adélie
583 penguin rookeries (e.g., Baroni and Orombelli, 1991, 1994a; Hall et al., 2006; Hu et al.,
584 2013; Emslie et al., 2018). Such penguins require pack ice for feeding but are affected
585 adversely by long-duration landfast ice. These tolerances led to the concept of a
586 “penguin optimum” (~4800-2800 yr BP; Fig. 7), a time of increase in the size and number
587 of colonies, particularly along the southern coast (Baroni and Orombelli, 1994a). The
588 southern coast, which never supported large numbers of birds, was abandoned after
589 that time. Comparison with our dataset indicates that the penguin optimum coincided
590 with SES expansion in the Terra Nova Bay region, but with relatively low seal numbers
591 along the central and southern coast. We infer that land fast ice returned to the southern
592 coast between 5000-2700 yr BP sufficient to deter SES colonization, but not heavy
593 enough to exclude Adélie penguins, an ice-obligate species. Loss of penguins on the
594 southern coast coincided with SES re-expansion into these areas at ~2500 yr BP. Hall et
595 al. (2006) speculated that the absence of landfast ice at the time favored SES but coeval
596 reduced pack ice was insufficient to support Adélie penguins. If true, this time may
597 record some of the lowest landfast and pack-ice extent of the Holocene in the western
598 Ross Sea. We infer that the documented population crash and abandonment of the
599 entire coast by SES after ~1000-500 yr BP was due to return of heavy sea ice (particularly
600 summer landfast ice), the greatest of the postglacial period, and likely cold ocean
601 temperatures. We speculate that these conditions also may have resulted in contraction
602 of the Cape Adare Adélie penguin “super colony” (Emslie et al., 2018), as well as the
603 disappearance of this species at Cape Irizar (Emslie, 2021); the latter site also may have
604 been affected by advance of the Drygalski Ice Tongue. Persistent coastal sea ice also
605 may have caused penguin migration to sites close to polynyas (e.g., Hu et al, 2013; Yang
606 et al., 2017), where wind-driven upwelling of nutrient-rich water would have led to
607 highly productive foraging.

608 Other proxies of past sea-ice extent and ocean temperatures around Antarctica suggest
609 that the mid-Holocene was a time of generally reduced sea ice (e.g., Crosta et al., 2022
610 and references therein). In the Ross Sea, other evidence of past sea-ice variations comes
611 from marine diatoms (e.g., Leventer et al., 1993; Cunningham et al., 1999; Mezgec et al.,

612 2017). High percentages of *Fragiliaria curta* are thought to reflect extensive sea ice and
613 *Thalassiosira antarctica* to indicate long and/or warm summer ocean-water temperatures,
614 possibly induced by intrusion of modified Circumpolar Deep Water (mCDW; Smith et
615 al., 2012, 2014). However, incorporation of old carbon (in addition to the standard
616 marine reservoir effect) into bulk sediment samples used for dating has limited the
617 accuracy of the marine records. Nevertheless, diatom data do show variations, which
618 have been linked to sea-ice changes. For example, Mezgec et al. (2017) inferred
619 substantial late-Holocene sea ice from a core at Wood Bay, just north of Edmonson
620 Point, as well as two periods of elevated sea ice from ~3400-1800 yr BP. In general, there
621 is little similarity between the SES record and Ross Sea diatom records except in the last
622 1500 yrs at Wood Bay. There, inferred decreased sea ice and longer, warmer summers at
623 ~1500-1000 yr BP correspond to greater SES presence; an increase in sea-ice diatoms
624 after 1000 yr BP coincides with the decline of the SES. However, immediately before
625 1500 yrs BP, expansion of SES apparently occurred during a time of increased sea ice at
626 Wood Bay. Differences in the two types of records may arise from chronological
627 limitations discussed above, seasonal differences in the timing of sea-ice diatoms vs.
628 SES haul out, the fact that summer landfast ice exerts a primary control on SES haul out
629 rather than pack ice (which may influence the diatoms), and/or local differences at
630 Wood Bay relative to other coastal sites.

631 Finally, there is strong similarity, particularly in the last 3000 years, between the SES
632 reconstruction and Cd/P ratios in penguin guano at Inexpressible Island, thought to
633 reflect incursion of mCDW and associated nutrients into Terra Nova Bay (Fig. 7; Xu et
634 al., 2021). Although exact correspondence is complicated by the different resolution of
635 the two records (and the plotting of the SES data as summed radiocarbon probabilities
636 rather than as individual points), there is resemblance between the curves, particularly
637 in the younger part of the record, which is less affected by taphonomic loss of remains.
638 This similarity suggests that the reduced sea ice/warmer ocean temperatures indicated
639 by the SES may have been due to greater penetration of this relatively warm (~4 °C)
640 ocean water deep onto the Ross Sea continental shelf, perhaps even to the front of the
641 Ross Ice Shelf (near our southern sites). Peak Cd/P ratios coincide with high levels of
642 SES occupation at ~1500 and ~1000 yr BP. Low levels correspond to reduced SES
643 remains between ~3000-2000 yr BP at Terra Nova Bay sites. The Cd/P record does not
644 show significant change during an earlier period of reduced SES evidence (e.g., 5000-
645 3800 yr BP) most pronounced at southern sites. Most likely, mCDW intruded into Terra
646 Nova Bay at those times, but was unable to penetrate to the central and southern VLC,
647 where the decline of SES extent was more noticeable (Fig. 5).

648

649 6.3 Comparison to glacial records and implications

650 The interpretation of the SES record is consistent with geomorphic evidence from raised
651 beaches that indicates 1) a long period in the Holocene of ice-free conditions at the
652 immediate shoreline based on landforms and sediments indicative of open water; and
653 2) expansion of VLC glaciers in the last millennium following a long period of restricted
654 glacier extent (e.g., Baroni and Orombelli, 1994b; Hall and Denton, 2002). For example,
655 the Wilson Piedmont Glacier, as well as the Nansen and Hell's Gate ice shelves, have
656 advanced over Holocene raised beaches within the last few centuries (Stuiver et al.,
657 1981; Hall and Denton, 2002; Baroni and Hall, 2004). In addition, at Cape Roberts, very
658 recent recession of the Wilson Piedmont Glacier revealed a landscape covered with SES
659 skin and hair, as well as a mummified adult male seal. The remains must have been
660 covered almost immediately by snow to prevent removal by wind, and thus their ages
661 suggest that growth of permanent snowbanks followed by glacier expansion occurred
662 at or shortly after 1050 yr BP.

663 Expansion of coastal glaciers over the last 1000 years probably is linked directly to
664 cooler ocean temperatures and increased sea ice. Air-temperature decrease is not
665 expected to cause ice advance in this setting, because glaciers at this latitude do not
666 have significant surface melting ablation zones. In fact, colder temperatures lead to
667 reduced accumulation (Simpson, 1934). Rather, advance of coastal glaciers is favored by
668 the presence of landfast ice, which protects marine margins (e.g., Massom et al., 2010;
669 Stevens et al., 2013), suppresses calving (Greene et al., 2018; Gomez-Fell et al., 2022), and
670 promotes growth of ice tongues (e.g., Wearing et al. 2020), which are common along the
671 VLC today. Loss of fast ice, even seasonally, can result in increased ice velocities and
672 thinning, as shown by recent measurements on the Parker Ice Tongue (Gomez-Fell et
673 al., 2022). Thus, the short duration or even lack of landfast ice during much of the
674 Holocene, as implied by the SES data, would have been detrimental to coastal glaciers.
675 Moreover, greater southward penetration of warm water, such as mCDW, would have
676 enhanced melt rates on the underside of floating ice (i.e., Pritchard et al., 2012) and
677 contributed to negative mass balance. Thus, current ice cover on the VLC, with its iconic
678 ice tongues, may not have come into existence until after 1000 years ago.

679 The implications of reduced landfast sea ice, a warmer ocean, and possible mCDW
680 penetration as far south as the front of the Ross Ice Shelf go beyond affecting Holocene
681 glacier extent on the VLC. This warm water may have caused recession of the grounded
682 ice sheet that occupied the Ross Embayment during the last glaciation. Ice-sheet retreat

683 in much of the embayment occurred primarily in the Holocene (Conway et al., 1999),
684 and final recession from the Terra Nova Bay region did not occur until ~8000 yr BP
685 (Baroni and Hall, 2004; Gao et al., 2022), mere centuries prior to the oldest known post-
686 glacial SES sample. Thus, ice-sheet recession may have been driven by the same warm
687 water that allowed the seals to occupy the Ross Sea and the VLC.

688 Recent studies, based primarily on the presence of radiocarbon in sediments beneath
689 Siple Coast ice streams, have suggested significant mid-Holocene recession of the WAIS
690 grounding line behind its present position, followed by late-Holocene readvance (e.g.,
691 Kingslake et al., 2018; Neuhaus et al., 2021). Neuhaus et al. (2021) further suggested that
692 ice retreat likely occurred because warm ocean water reached the grounding lines and
693 accelerated sub-surface melt rates. Although these data remain controversial and
694 unreconciled with ice-thinning histories of nearby outlet glaciers (which permit only the
695 narrowest of windows for such a large ice-sheet fluctuation, e.g., Todd et al., 2010;
696 Spector et al., 2017), our relative ocean temperature reconstructions are consistent with
697 the mid-to-late Holocene timeline of proposed retreat and readvance. Based on the
698 geographic extent of the SES occupation of the southern coast and on the inferred
699 farthest southward penetration of warm water, mCDW, we suggest that the times most
700 likely to contribute to any such ice recession were at ~5200 and ~2300-1800 yr BP (Fig. 8).
701 However, whether the warm water that reached as far south as Ross Island could have
702 extended ~600-1000 km under the Ross Ice Shelf to the WAIS grounding line to cause
703 substantial melting remains uncertain.

704 Despite evidence for warm ocean temperatures and possible expansion of mCDW to its
705 front, the Ross Ice Shelf does not appear to have undergone any significant ice retreat
706 since it first anchored on Ross Island/Minna Bluff in the early to mid-Holocene
707 (Conway et al., 1999; Hall et al., 2015). There are no known coastal deposits or
708 mummified seals of any kind along the Ross Sea coast south of McMurdo Sound, both
709 of which would be expected to exist had the ice shelf retreated from its present position.
710 Pinning points in both the western (Ross Island, Minna Bluff) and eastern (Roosevelt
711 Island) Ross Embayment are probably the root cause of this long-term stability and are
712 critical to the future of the ice shelf, as no similar pinning points exist farther south
713 along the front of the Transantarctic Mountains (Hall et al., 2015).

714 Our limited data for the presence of pre-LGM SES along the VLC imply that similarly
715 warm conditions may have persisted just prior to the onset of ice-sheet advance across
716 the Ross Sea continental shelf during the LGM. Dates of pre-LGM marine organisms are
717 complicated by measurement uncertainties close to the limit of radiocarbon dating, an

718 unquantified marine reservoir effect, and the potential for modern contamination of
719 “carbon-dead” samples. The youngest of these pre-LGM seal samples, dating to ~25,000
720 yr BP, indicates not only that the ice sheet had not yet inundated Cape Ross by that time
721 but also that relatively warm ocean water existed in the Ross Sea right up until the time
722 of ice advance. Samples dating to 42,000-32,000 yr BP at Dunlop Island are close to the
723 limit of radiocarbon and thus could be significantly older than they appear at face
724 value. However, dates of former penguin rookeries also suggest that the VLC may have
725 had less sea ice at various times between 50,000-25,000 yr BP than it does at present
726 (e.g., Hall et al., 2004; Gardner et al., 2006; Emslie et al., 2007; Parks et al., 2015).
727 Additional research into this pre-LGM period is necessary to constrain the occupancy
728 times better. However, one potential implication of these data is that ice-sheet advance
729 leading up to the LGM configuration may have been accomplished in the face of
730 relatively warm ocean conditions. If so, this would highlight the importance of other
731 driving mechanisms, such as lowered global sea level, in causing ice-sheet advance in
732 Antarctica.

733

734 **7. Conclusions**

735 SES existed on the VLC between ~7100-500 yr BP in areas where they do not live at
736 present. We infer that their former presence reflects reduced summertime landfast ice
737 and likely warmer ocean temperatures compared to today for much of the Holocene.
738 Based on the greatest extent of seal remains, particularly in the colder southern regions,
739 we infer that periods with the least landfast sea ice and warmest ocean temperatures
740 were at ~5200 and 2300-1800 yr BP (Fig. 8). A population crash at ~1000 yr BP (de Bruyn
741 et al., 2009) and eventual abandonment of the coast by SES a few centuries later suggest
742 that the coldest, iciest coastal conditions in the postglacial period occurred in the last
743 millennium, in agreement with coastal geomorphology. These sea-ice and ocean-
744 temperature changes may reflect variations in the extent of mCDW on the Ross Sea
745 continental shelf.

746 The warm ocean conditions in the mid-Holocene and subsequent late-Holocene cold
747 period had a strong influence on VLC glaciers through variations in buttressing sea ice
748 and melt rates on the underside of floating ice, both of which would have impacted
749 mass balance and ice extent. These glaciers had restricted extent in the mid-Holocene
750 and expanded within the last millennium, coincident with the disappearance of SES
751 from the coast. Our relative sea-ice and ocean-temperature reconstruction also is
752 consistent with the hypothesized retreat of the WAIS inland of its present position in

753 the mid to late Holocene, although the distance between our sites and the WAIS
754 grounding lines is large (600-1000 km) and mCPDW may have been unable to penetrate
755 so far south under the ice shelf. Finally, limited pre-Holocene SES data support the
756 existence of warm ocean temperatures immediately prior to and perhaps even during
757 ice build-up to the LGM position. If this could be confirmed, it would suggest that
758 factors other than ocean temperatures, such as lowered sea level, may have been critical
759 in causing ice-sheet advance in the Ross Embayment at the LGM.

760

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1030

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1045

1046 Table 1. Distribution of median ages (in calendar years BP) of seal remains by site. Gray boxes indicate no recorded seal
 1047 presence (italicized sample may be an outlier). Due to the intersection of topography and isostatic rebound, suitable
 1048 beaches were not present at Edmonson Point and Adélie Cove prior to the age of their oldest samples.

Site	0-500	501-1000	1001-1500	1501-2000	2001-2500	2501-3000	3001-3500	3501-4000	4001-4500	4501-5000	5001-5500	5500-6000	6001-6500	6501-7000	7001-7500
Victoria Land Coast															
Edmonson Pt.	1	9													
Campbell Gl.	2		2		1	2	3	1	3	2					
Adélie Cove	4														
Seaview Bay	1	11	10	10	3	1	2	2	1	1			1	1	
South Bay	1	15	14	10	7	7	8	2	3	4	6	1			1
Whisker Cove			2			1	1	1	1	1	1				
Unnamed Cove	1						1								
Depot Pen.		1	2	1	3										
Cape Ross							4	7							
Cape Roberts	4	7	9			2	2	1	3						
Dunlop Island	1	3	6	10	3	3	3	1	1		7				
Spike Cape	1	4			2	3									
Kolich Point					4										
Gneiss Point					3							4		1	
Marble Point	4	4	2	2	1			1			2				
Bernacchi Bay			1		2										
Cape Bernacchi					1										
Explorers Cove	1				1										
Total	5	49	46	41	36	23	24	18	7	12	22	1	2	1	1
Ross Island															
Cape Bird	2	1	5	8											

1049

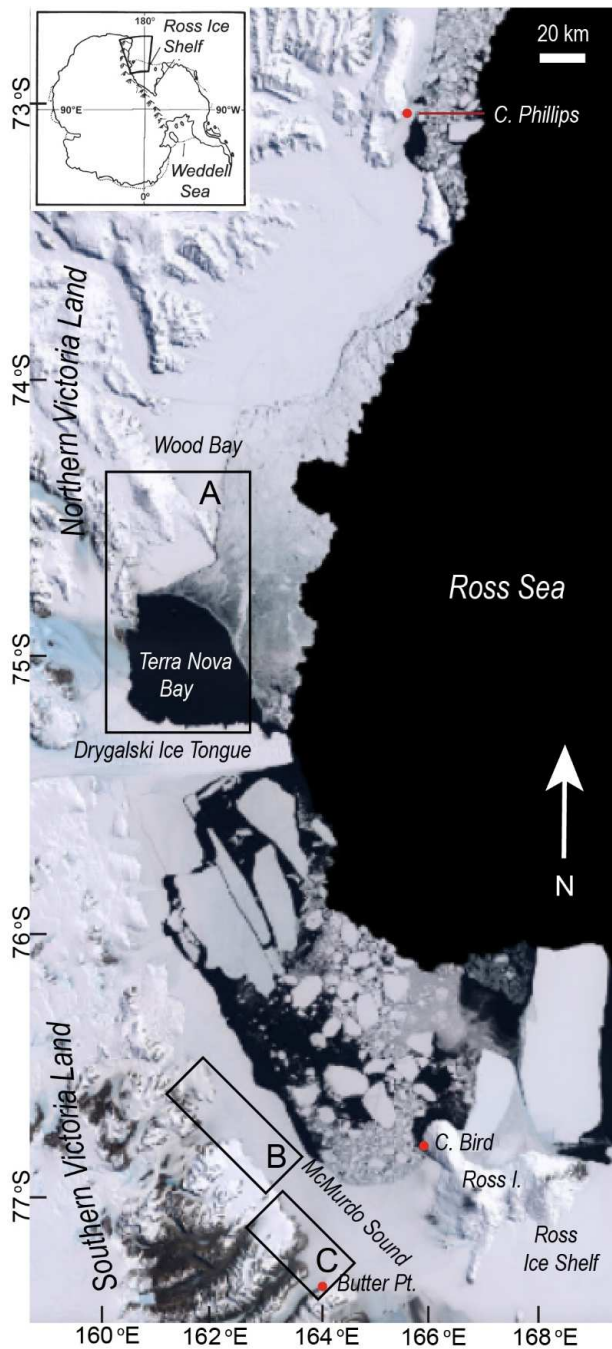


Fig. 1. Satellite image of summer sea ice along the Victoria Land coast of the western Ross Embayment. Base image is from the Landsat Image Mosaic of Antarctica (<https://lima.usgs.gov>). Labeled boxes show locations of Figs. 3A-3C.

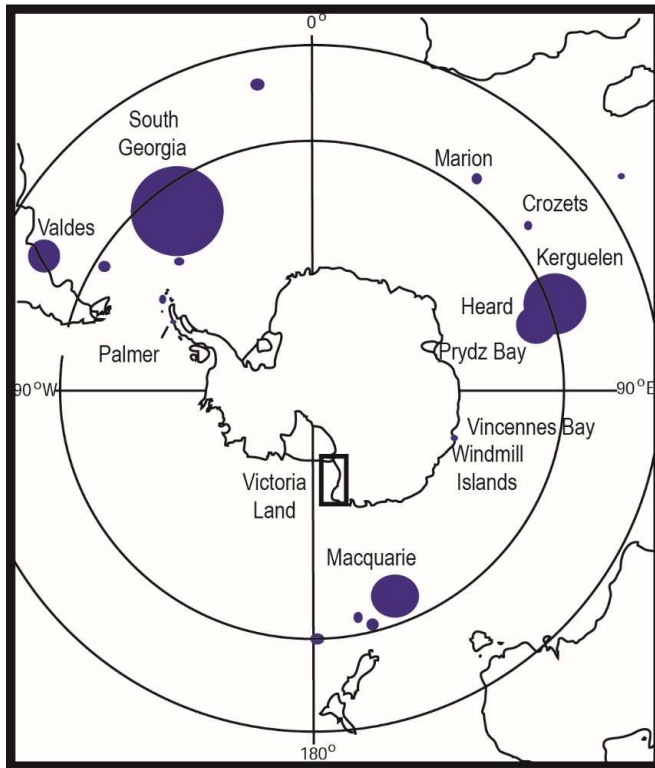


Fig. 2. Location of primary southern elephant seal colonies, with circles denoting relative size (after LeBoeuf and Laws, 1994). The black box marks the Victoria Land coast.

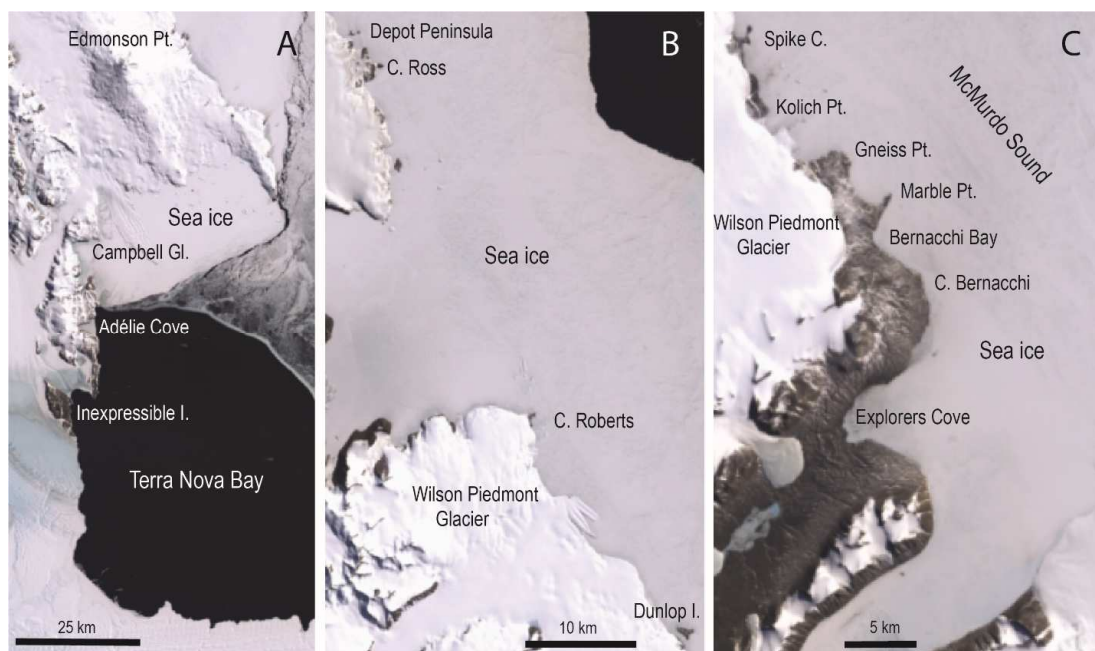


Fig. 3. Field locations along the Victoria Land coast, from north (A) to south (C), with locations corresponding to boxes in Fig. 1. Descriptions of each area are in the Supplemental Information. Base maps are from Google Earth imagery sourced from the US Geological Survey.

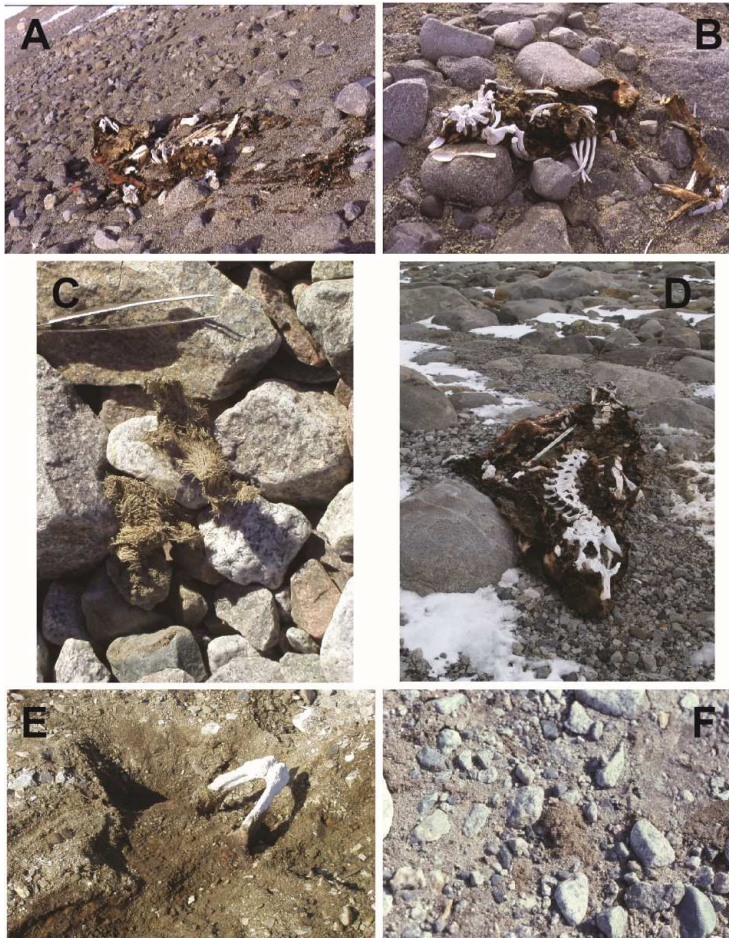


Fig. 4. Elephant seal remains. A. Large, incomplete adult male on a beach at South Bay, Inexpressible Island. See shovel (~1 m long) to the left of its shoulder for scale. B. Nearly complete, but heavily ablated small individual, South Bay, Inexpressible Island (spoon for scale). C. Recently exposed molted pelage, Cape Roberts. Tweezers provide scale. D. Mummified seal at Seaview Bay, Inexpressible Island, with ice axe for scale. E. Seal buried in a beach at Dunlop Island. Only the lower mandibles were exposed. F. Molted pelage on a beach at Cape Roberts.

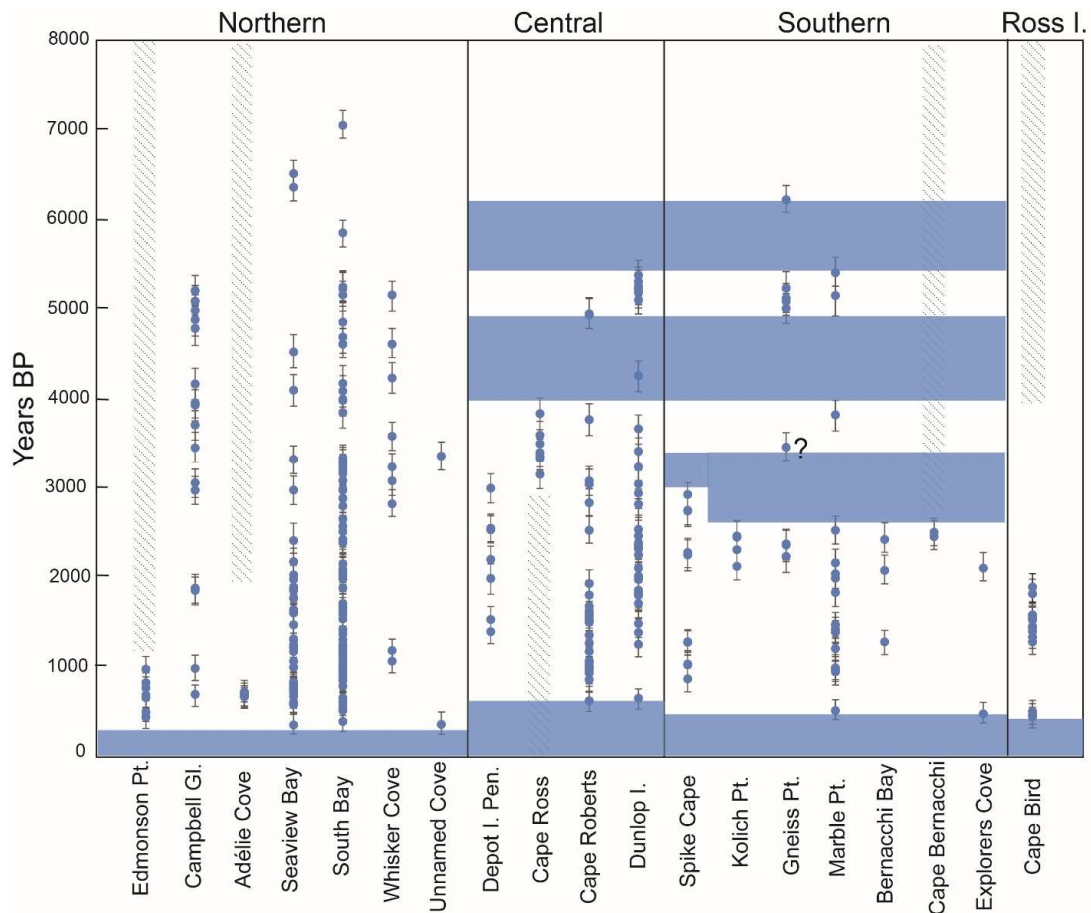


Fig. 5. Dated seal remains by site along the Victoria Land coast, arranged from north (left) to south (right) on the x-axis. Cape Bird is not on the Victoria Land coast, but on an offshore island and is not plotted by latitude. Blue bands indicate times when elephant seals likely were absent. Gray hash bars indicate times when elephant seals could not have accessed the site easily, due to the interaction of isostatic rebound and topographic features such as cliffs. Sample marked “?” may be an outlier.

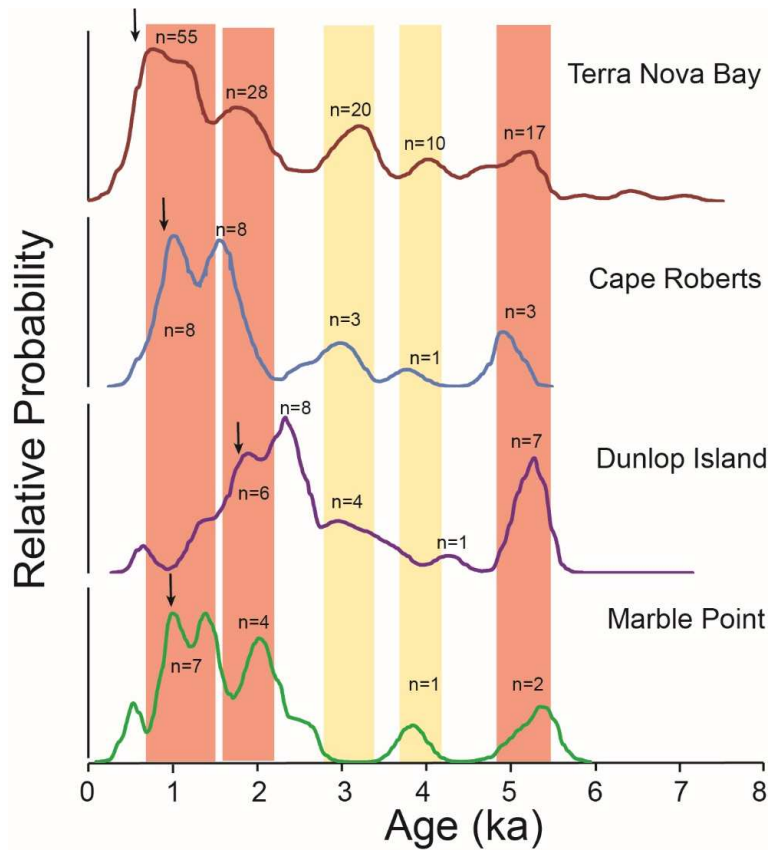


Fig. 6. Probability age distribution of seal remains at major occupation sites from north (top) to south (bottom), including Terra Nova Bay (Campbell Glacier, Adélie Cove, Seaview Bay, South Bay, Whisker Cove, Unnamed Cove), Cape Roberts, Dunlop Island, and Marble Point. Red bars show times of relatively high seal numbers and inferred reduced sea ice and warm ocean temperatures. Yellow bars denote times of lesser warmth, documented best at northern sites. Black arrows indicate possible times of final population collapse at each site.

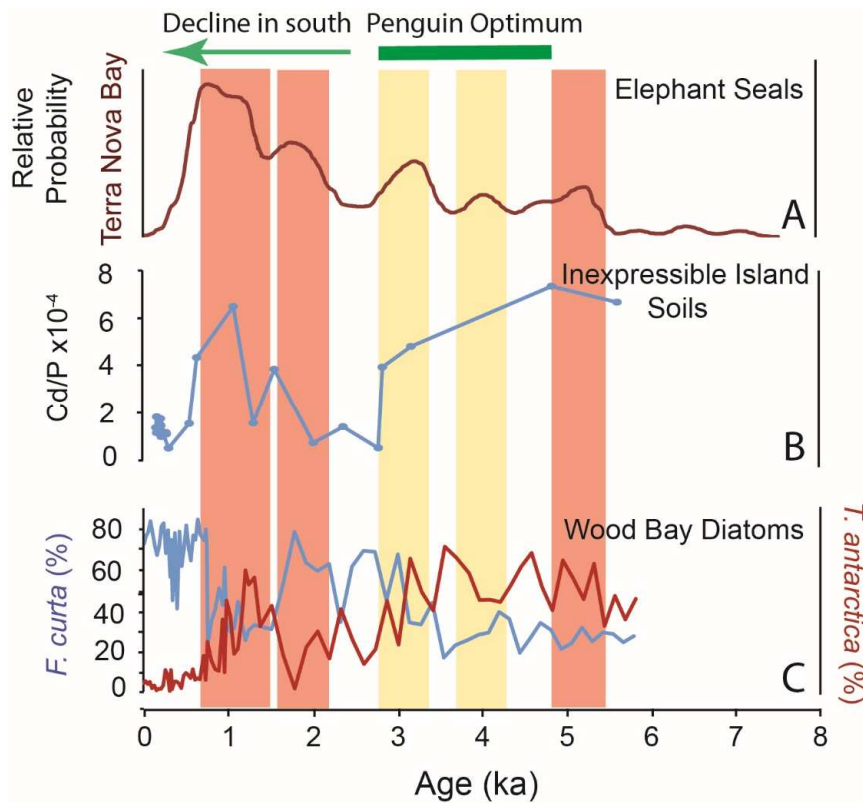


Fig. 7. Synthesis of Holocene climate records from the northern VLC discussed in the text. A. Age distribution of seal remains at Terra Nova Bay. B. Cadmium/phosphorus ratios of penguin guano at Inexpressible Island, inferred to be a proxy for the presence of modified circumpolar deepwater in Terra Nova Bay (Xie et al., 2021). C. Diatoms from a marine core at nearby Wood Bay (Fig. 1; Megzec et al., 2017), inferred to represent sea-ice extent (*F. curta* (blue) – high % = more sea ice) and summer temperature/duration (*T. antarctica* (red) – high % = warmer/longer summer). Green bar and arrow at the top of the figure denote the penguin optimum (Baroni and Orombelli, 1994) and decline of penguin rookeries at southern mainland locations. Red and yellow bands are from Fig. 6 and indicate times of relative warmth inferred from the elephant seals.

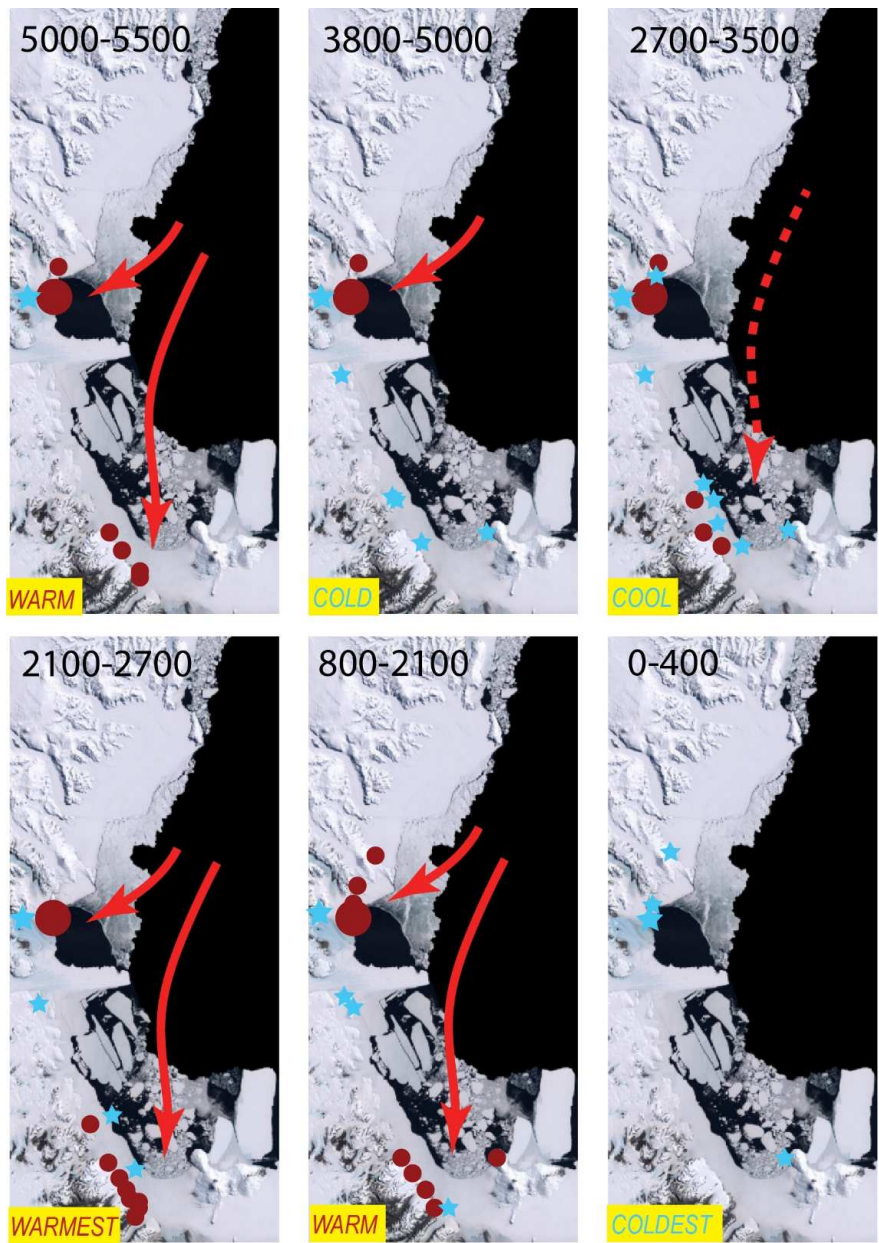


Fig. 8. Schematic of different time periods along the Victoria Land coast showing inferred relative ocean water temperature/sea ice. Red dots = elephant seals; blue stars = Adélie penguins (Baroni and Orombelli, 1994a; Dochat et al., 2000; Hall et al., 2004; Hu et al., 2019; Emslie, 2021; Gao et al., 2022). Red arrows indicate possible intrusion of modified circumpolar deepwater (dashed = weak). Times at top of panels are in years BP. Base image is from the Landsat Mosaic Image of Antarctica (<https://lima.usgs.gov>).