



## COVID-19

# Myths and Facts about COVID-19 Vaccines

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<https://www.pro-memoria.info>

Accurate vaccine information is critical and can help stop common myths and rumors. It can be difficult to know which sources of information you can trust. Learn more about [finding credible vaccine information](#).

Below are myths and facts about COVID-19 vaccination.

**Have more questions?** Visit [FAQs about Vaccination](#).

## Bust Common Myths and Learn the Facts

## MYTH: COVID-19 vaccines cause variants.

**FACT:** COVID-19 vaccines do not create or cause variants of the virus that causes COVID-19. Instead, COVID-19 vaccines can help prevent new variants from emerging.



New variants of a virus happen because the virus that causes COVID-19 constantly changes through a natural ongoing process of mutation (change). As the virus spreads, it has more opportunities to change. High vaccination coverage in a population reduces the spread of the virus and helps prevent new variants from emerging. CDC recommends that everyone 5 years of age and older get vaccinated as soon as possible.

Learn more about [variants](#).

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